Pediatric Basic Life Support Algorithm for Healthcare Providers—2 or More Rescuers

Text in cascading boxes describes the actions that 2 or more rescuers should perform in sequence during a pediatric cardiac arrest. Arrows guide the rescuers from one box to the next as they perform the actions. Some boxes have 2 arrows that lead outward, each to a different pathway depending on the outcome of the most recent action taken. Pathways are hyperlinked.

Box 1

Verify scene safety.

Box 2

- Check for responsiveness.
- Shout for nearby help.
- First rescuer remains with the child. Second rescuer activates the emergency response system and retrieves the AED and emergency equipment.

Box 3

Look for no breathing or only gasping and check pulse (simultaneously). Is pulse **definitely** felt within 10 seconds? If there is normal breathing and a pulse is felt, proceed to <u>Box 3a</u>.

If there is no normal breathing but a pulse is felt, proceed to Box 3b.

If there is no breathing or there is only gasping and no pulse is felt, proceed to <u>Box 5</u>.

Box 3a

Monitor until emergency responders arrive.

Box 3b

- Provide rescue breathing, 1 breath every 2 to 3 seconds, or about 20 to 30 breaths per minute.
- Assess pulse rate for no more than 10 seconds. Proceed to Box 4.

Box 4

Is heart rate less than 60 per minute with signs of poor perfusion?

If Yes, proceed to Box 4a.

If No, proceed to Box 4b.

Box 4a

Start CPR.

Box 4b

- Continue rescue breathing: check pulse about every 2 minutes.
- If no pulse, start CPR.

Box 5

Start CPR

- First rescuer performs cycles of 30 compressions and 2 breaths.
- When second rescuer returns, perform cycles of 15 compressions and 2 breaths.
- Use the AED as soon as it is available. Proceed to Box 6.

Box 6

Check rhythm. Is it a shockable rhythm?

If Yes, it is shockable, proceed to Box 7.

If No, it is nonshockable, proceed to <u>Box 8</u>.

Box 7

• Give 1 shock. Resume CPR immediately for 2 minutes (until prompted by the AED to allow a rhythm check).

• Continue until advanced life support providers take over or the child starts to move. Return to <u>Box 6</u>, if necessary.

Box 8

- Resume CPR immediately for 2 minutes (until prompted by the AED to allow a rhythm check).
- Continue until advanced life support providers take over or the child starts to move. Return to <u>Box 6</u>, if necessary.