

# Infant CPR Anytime® Training Kit Product Information Sheet



## CPR & Emergency Cardiovascular Care



The American Heart Association's **Infant CPR Anytime Training Kit**, cobranded with the American Academy of Pediatrics, contains everything needed to learn the lifesaving skills of infant CPR, choking relief, and infant injury prevention in about 30 minutes from the comfort of home, work, or in a large community setting. This personal learning program offers an easy and effective training tool for new parents, grandparents, babysitters, nannies, and anyone caring for an infant.

### NEW INFANT CPR ANYTIME INTERACTIVE APP

Infant CPR Anytime now includes the CPR Anytime Interactive app to provide a comprehensive, self-facilitated training solution in one web-based app that allows students to elevate their CPR training experience through gamification. This includes calling 9-1-1 and performing CPR on an infant. The app also features a completion badge that students can share via social media to recognize their training achievement.

### WHO SHOULD TAKE THE COURSE?

Infant CPR Anytime is intended for anyone who wants to learn CPR but does not need a CPR course completion card to meet a job requirement. The Infant CPR Anytime Training Kit is a great solution for new parents and families with infants as well as Neonatal Intensive Care Units (NICUs) in hospitals to prepare families for an infant emergency. This kit is ideal for community groups, new parents, grandparents, caregivers, nannies, and others interested in learning how to save a life. Infant CPR Anytime extends the availability and access to training, so that more people can learn, practice, and share CPR, then immediately use their skills to act quickly in an emergency.

### CONTENT & MATERIALS

- Co-branded with the American Academy of Pediatrics
- Emphasis on CPR with breaths for infants
- Instruction on choking relief for infants
- Bilingual (English and Spanish) instructions, materials, and streaming videos that help deliver training to more people
- Personal, inflatable Mini Baby® CPR manikin that clicks when you've pushed to the proper depth
- CPR skills practice streaming video that can be used to refresh skills and train others
- Skills reminder card to carry with you and review as needed
- Replacement lung for those interested in sharing the kit

### TRAINING DELIVERY

Learn the skills to save a life in a community or other group setting led by a facilitator. Use your own personal manikin while you practice using the AHA's research-proven practice-while-watching method via streaming videos featuring modern animations. Or use the kit as self-directed training in the comfort of your own home. After you have completed the training, share the kit with family and friends to pass along lifesaving skills.